

4th *Psalm 23*

O God, our sovereign and shepherd,
who brought again your Son Jesus Christ
from the valley of death,
strengthen us with your protecting presence
that we also may come
to dwell with him in your house for ever.

5th *Psalm 24*

O Lord of hosts, purify our hearts
that the King of glory may come in,
your Son, Jesus Christ our redeemer.

6th *Psalm 27*

O God, our light and our salvation,
shine forth in our lives,
that we may see your goodness
in the land of the living;
and as we behold your beauty,
may we be changed into the likeness
of Jesus Christ our Lord.

7th *Psalm 32*

Give us honest hearts, O God,
and send your kindly Spirit
to help us confess our sins
and bring the peace of your forgiveness;
in Jesus Christ our Lord.

8th *Psalm 33*

Feed your people, Lord,
with your holy word,
and free us from all that is empty in our desires,
that we may sing your new song in our lives
through Jesus Christ our Lord.

9th *Psalm 34*

Send your holy angels to watch over us, O God,
that truth may be found on our lips
and love in our hearts,
that we may taste your goodness
in the land of the living;
through Jesus Christ our Lord.

10th *Psalm 42*

Come, creator Spirit, source of life;
sustain us when our hearts are heavy
and our wells have run dry,
for you are the Father's gift,
together with him who is living water,
Jesus Christ our Lord.

11th *Psalm 46*

O God of Jacob:
when the earth shakes
and the nations are in uproar,
speak your word,
and let the storm be still;
through Jesus Christ our Lord.

A Daily Office

Preparation

O God make speed to save us.
O Lord make haste to help us.

Make me a clean heart, O God,
and renew a right spirit within me.

Praise

I am giving you worship with all my life,
I am giving you obedience with all my power,
I am giving you praise with all my strength,
I am giving you honour with all my speech.

I am giving you love with all my heart.
I am giving you affection with all my sense.
I am giving you my being with all my mind.
I am giving you my soul,
O most high and holy God.

Praise to the Father, praise to the Son,
Praise to the Spirit, the Three in One.

The Word of God

The *Psalm* of the day, followed by the prayer.

The *Scripture Reading* of the day.

Response

Jesus said, I am the good shepherd.
The good shepherd lays down his life for the sheep.

Prayers

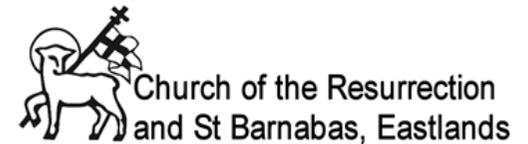
A time to offer any *personal prayers* to God, or
keep a short time of silence, followed by

Good Shepherd,
As we pray with you each day,
teach us to follow where you lead us
and to be faithful to the calling you gave us
to be shepherds in your name.
Amen.

The Lord's Prayer

The Conclusion

May Christ our Saviour give us peace.
Amen.



Praying with the Good Shepherd

Our Praying Community

As a church we are committed to praying together
every day even when we can't physically be
together.

This simple pattern of prayer enables us to pray
together in a flexible way to take account of
differing needs and lifestyles.

It is important to remember that prayer is not
about immediate rewards but we must do our best
to persevere and keep praying regardless. It has
an effect deep down that we're often not aware of.

Remember that you are never praying alone; the
Church is always praying. Our job is to join in.

If possible, try to find a quiet time and place to
pray. You may find it helpful to light a candle and
keep a few moments of quiet before you begin.

What to do

There are five different 'stages' to choose from - see which one works best for you. This might change from time to time depending on what else is going on in your life.

Stage 1

In this leaflet, there is a prayer printed for each day of the month. Try saying this prayer and The Lord's Prayer each day, knowing that others are doing the same.

Stage 2

Each of the prayers is based on a psalm so try adding in that psalm - the reference is given in this leaflet but you'll need to find the psalm in a Bible or prayer book. Try to pray the psalm by saying it slowly and pausing in the middle of each verse.

Stage 3

Try adding in a reading from scripture each day. The references for the passages to read are printed on the sheet each Sunday for the following week; they can also be found on the church website.

Stage 4

Pray a simple version of the Daily Office each day (see the back of the leaflet).

Stage 5

Join with Revd Andrea and Revd Katy in praying the Daily Office in the chapel on Tuesday at 6.30 pm or Wednesday and Friday at 8.30 am.

1st Psalm 8

We bless you, creator of the heavens, for the wonderful order of this world; grant that your whole creation may come to its perfection in Jesus Christ our Saviour.

2nd Psalm 19

Christ, the sun of righteousness, rise in our hearts today, fill us with the light of your resurrection, and help us your Church to bring this gift to others with joy and confidence in you our Lord for ever and ever.

3rd Psalm 22

Lord, all who struggle turn to you: in the hour of trial, good Lord, deliver us all, knowing that your wisdom is the cross of Christ, and your well of life is his resurrection now and in all eternity.

12th Psalm 51

Take away, good Lord, the sin that corrupts us; give us the sorrow that leads to healing and joy, restoring your image within us, that we may take our place among your people; in Jesus Christ our Lord

13th Psalm 65

May the richness of your creation, Lord, and the mystery of your providence lead us to that heavenly city where all peoples will bring their gifts, leaving their sins behind, and finding their true joy, In Jesus Christ our Lord

14th Psalm 67

O God of all the nations, In the face of Jesus your light and glory have blazed forth, may we with all your people make your grace known to others, and walk in the way of peace; for your name's sake

15th Psalm 84

O God our defender, we look for the beauty of your house: grant us such trust in you and your household that we may go from strength to strength and come with joy to your dwelling place, guided by Jesus Christ our Lord.

16th Psalm 90

Almighty God, and our eternal refuge, a thousand years for you are but as yesterday. So teach us to number our days, that we may apply our hearts to wisdom, through Jesus Christ our Lord.

17th Psalm 96

Lord God, you draw us by the beauty of your holiness: hear the song of your family the Church, and bring all nations of the earth to practice truth and justice, so that all your children may come to life abundant through Jesus Christ our Lord.

18th Psalm 103

Merciful Lord, show us the face of our Redeemer, that we may bless your name together with your Church, within the song all creation, rising to your throne in thanks for Jesus Christ our Lord.

19th Psalm 104

Creator God, send your Holy Spirit to renew your wonderful creation, and open our eyes to see your hand in all that you have made through Jesus Christ our Lord.

20th Psalm 118

Saving God, open for us the gates of righteousness, that, rejoicing in the glorious mystery of the resurrection we may walk together as one people, built into a living temple whose cornerstone is Jesus Christ our Lord.

21st Psalm 122

God of our pilgrimage, bring us to the eternal city founded on the rock, and give to our earthly cities the peace that comes from above, through Jesus Christ our Lord.

22nd Psalms 126 & 127

Lord, you are ever watchful, blessing us with gifts; help us to build only what is good and true and pleasing in your sight, through Jesus Christ our Lord

23rd Psalm 130

Father, we commend to your faithful love those who are crying from the depths; help them to watch and pray through their time of darkness, in sure hope of the dawn of your forgiveness and redemption: may we all truly know that we belong together with Jesus Christ our Lord

24th Psalms 133 & 134

Grant all your household, Lord, to praise you as one people, the Church, through the night and through the day, with the song of all on earth and in heaven, until your kingdom dawns with Christ, the morning star.

25th Psalm 138

Lord our God, supreme over all things, look upon the humble and lowly in the midst of life's struggles and joys, and put new strength into our souls to complete your purpose for us in Jesus Christ our Lord.

26th Psalm 139

Creator God, may every breath we take be for your glory, may every footstep show you are our way, that, trusting in your presence, we may always be with you and you with us, for ever and ever.

27th Psalm 145

King of the universe, you show the glory of your reign in acts of mercy and enduring love; raise the spirits of the downcast and restore those who have fallen away, that our lives may sing the song of the Kingdom of Jesus Christ our Lord.

28th Psalm 146

Lord of all, our breath and being come from you: lead us to place our trust, not in human striving, but in your eternal providence and faithfulness; for you are always with us for ever.

29th Psalm 148

O glorious God, your whole creation sings your marvellous work; may heaven's praise echo in our hearts and make us good stewards of the earth; through Jesus Christ our Lord.

30th Psalm 149

O Lord all glorious, to whom your Church on earth and in heaven sings with one voice a song that is ever new, Join us together as one people that we may walk with the risen Lord for ever.

31st Psalm 150

God of life and love, whose Son was victorious over sin and death, make us alive with his life, that the whole world may come to find themselves in him, Jesus Christ our Lord.